

Principal Newsletter

Term 4
2024

TUITION THAT WORKS!

Principal's Letter

Dear Parents, Students, and Learning Community,

I hope this message finds you filled with warmth and joy!

I can hardly believe we've reached Week 6 of the term, with the summer holidays just around the corner! I want to take a moment to reflect on the incredible year we've had at the College. The energy and dedication of our students and teachers have transformed learning into a truly fulfilling experience. Our children's enthusiasm and unwavering commitment to excellence beautifully reflect the core values we hold dear.



Daniel Borowski, Scholarship Winner & Jonathan Lim, Educational Services Manager

I'm excited to announce that many of our students have successfully earned scholarships to prestigious private schools and academically selective government high schools. I encourage you to read the inspiring story of Daniel Borowski in this edition of the Principal's Newsletter



We are now accepting enrolments for Term 1, 2025, and I encourage you to take advantage of the special discounts available.

It has been a true privilege and joy to serve you and our learning community. Let's continue to nurture a culture of continuous learning, empowering our children to live to their true potentiality!

Christina Chia

Warm regards,
Chief Operating Officer
& Principal (VIC)

Inside this issue:

- **Celebrating Success:** Scholarship winner Daniel Borowski
- **Building Resilience:** The Role of Tuition in Student Mental Health
- **New Initiatives:** MyStudy Homework Online
- **Early Bird Discount:** ends December 1st!
- **2025 Course Fees** refer to your Campus Director
- **Summer Holiday Program:** 20 - 24 January 2025 at the Principal Campus (Box Hill)



TUITION THAT WORKS!

Selected campuses only. Contact your Campus Director for more information.

NEW: INTRODUCTION OF COMPUTER-BASED HOMEWORK FOR YEAR 3 & 4 STUDENTS

We are pleased to announce the introduction of computer-based homework as part of our **Year 3 and 4 Mathematics program, starting from Term 4, Week 6, 2024.**

This enhancement comes at no extra cost to our students and learning community.

Please note that this computer-based homework will not be in addition to existing assignments. Homework will now include a blend of pen-and-paper and online activities to improve learning outcomes.

Initially, this initiative will focus on the Year 3 and 4 Maths components, with plans to gradually expand to other subjects and year levels. As AI and digital learning initiatives are being introduced in schools, we are very excited about the opportunities this can bring to deliver effective learning experiences for our students and improve reporting for our educators.

At North Shore Coaching College, we are committed to preparing our students for both pen-and-paper and computer-based tasks, especially as the 2025 NAPLAN tests and other competitions will be conducted online.



Free Assessment

We encourage all new students to complete a free assessment to ensure they are enrolled at their optimum level. Scan the QR code now!



2025 NAPLAN Preparation

- Students in Years 3, 5, 7 and 9 are required to sit the NAPLAN assessment. 2025 NAPLAN tests are held from Wednesday 12 March to Monday 24 March.
- Join our NAPLAN Holiday Program to boost your child's confidence and excel in NAPLAN test.



Homework Plus+

We offer an extra supplementary Maths homework system for students in Years 3, 4, and 5. Homework Plus+ is designed to provide additional practice to help your child reinforce and consolidate their learning from Fastrain.



Refer a friend and be rewarded!

- Introduce a friend to North Shore Coaching College.
- Once they enrol and the full payment is made for the term, both you and your friend will receive a \$50 credit. Terms and Conditions apply.



Imagination Unleashed!

Tell us about your school! Collect a submission sheet from your Campus Director. Submit your piece by **Sunday 8 December.**

All participants receive a **Good Student Award** with bigger prizes to be won for winners.

MYSTUDY DIGITAL HOMEWORK

A new initiative to enhance your learning

We are pleased to announce the introduction of computer-based homework as part of our **Year 3 and 4 Mathematics subjects, starting from Term 4, Week 6, 2024.**

This means that the homework portion of these courses are now completed in a blend of traditional paper and innovative online environments.



1 Preparation for online school assessments

Students are primed for the increasing use of digital technologies when taking computer-based testing, such as NAPLAN tests or ICAS competitions.

2 Immediate feedback; review, repeat and improve

Receive immediate results and answers for homework completed on MyStudy Digital Homework.

Students can easily reattempt incorrect questions again in a paperless process.

3 Improved analysis and tracking

Educators have an additional standardised resource to evaluate students. This is another avenue that can lead to better remedial work and reporting.

Parents can keep track of scoring by logging into the MyStudy Digital Platform.

4 Value focused with no extra cost

At North Shore Coaching College, we have been committed to bringing value to our learning community for over 32 years.

We are very excited about the opportunities that AI and digital learning bring to deliver effective learning experiences for our students.

NEED SUPPORT? SEE OUR

Online SERVICES



STUDENT PORTAL ACCESS

You will need:

- **Student Number** - 8 digit number on invoice.
- **Password** - last 6 digits of mobile number.

1. Visit www.north-shore.com.au.
2. Click on "Student Login" in the top right corner.
3. Enter **Student Number** and **Password**.



FASTRAIN ONLINE

Videos covering **homework** in **Mathematics and General Ability** subjects for **Years 3 to 5** are available.

Click on 'Fastrain Online'. Select the appropriate lesson and page to watch a detailed explanation.



LIVE CHAT (TEACHER SUPPORT)

Students can chat with teachers regarding their homework during the following hours:

Tues - Fri, 4pm - 6pm.

***Live Chat** will be available during North Shore Terms, Weeks 2 to 10 (subject to change).



NORTH SHORE ONLINE

Videos covering **classwork** in **English, Writing, Mathematics & General Ability** subjects for **Prep to Year 10** are available.

Click on 'North Shore Online'. Select the appropriate lesson and page to watch a detailed explanation.

LEAVE TEACHER A MESSAGE

Need help outside of hours? Leave a message and a teacher will respond as soon as possible. Be specific and detailed so we can find your question - we have a very extensive syllabus!

Building Resilience: The Role of Tuition in Student Mental Health

October is National Mental Health Month. It is important to highlight the importance of mental health and well-being for students facing an array of challenges.

Today's students are navigating rigorous curricula and high academic expectations while balancing their personal lives. While these challenges can lead to stress and anxiety, they also offer opportunities for growth & resilience.

According to the National Study of Mental Health and Wellbeing (2023), 38.8% of individuals aged 16–24 experienced a mental health disorder in the past year. By addressing these issues proactively, we can create a supportive environment that fosters both academic success and mental well-being.

As we observe Mental Health Month this October, it's essential to acknowledge the role that education can play in fostering mental well-being and resilience.

Youth mental health is a critical issue, with the Australian Bureau of Statistics reporting that 15% of young Australians aged 12 to 17 face mental health disorders. These findings highlight the urgent need for proactive measures to support our youth and help them build resilience against life's challenges.

It's essential to recognise how academic pressures impact mental health and how supportive educational environments can foster resilience. A 2018 study¹ finds that group tuition has no correlation with worsening mental health. In fact, effective support systems, such as tutoring, can play a vital role in helping students manage these pressures and foster resilience.

In my roles as Principal at the College and also a mental health advocate as the Multicultural Attaché for the Mental Health Foundation Australia, I have witnessed firsthand the profound impact of mental health on individuals, particularly our youth. By prioritising mental health within our educational systems, we can equip our students with the tools they need to navigate life's challenges successfully.

Together, let's promote a healthier, more balanced approach to education and mental well-being.



The College's course programs are designed not only to enhance academic performance but also to foster resilience and support students' overall mental well-being.

Here's how:

- 1. Small Groups learning:** Our programs feature small group training aligned with the Victorian curriculum standards, along with weekly homework that reinforces learning. This "practice makes perfect" approach builds confidence and alleviates anxiety, empowering students to thrive.
- 2. Skill Development:** By focusing on essential study skills and exam strategies, our courses help students tackle academic challenges with preparedness, reducing stress and strengthening resilience.
- 3. Supportive Environment:** The nurturing atmosphere at the College fosters a sense of belonging, allowing students to share their concerns and promote emotional resilience through open discussions about mental health.
- 4. Time Management:** Our programs emphasise effective time management techniques to help students balance academic and personal time, which prevents burnout and supports mental wellbeing.

*By Christina Chia, Chief Operating Officer & Principal (VIC)
North Shore Coaching College*

Celebrating Scholarship Winner - Daniel Borowski

It is with great joy and privilege that we share the inspiring success of Daniel Borowski, one of our dedicated students who has been awarded a scholarship to Xavier College!

Daniel joined North Shore Coaching College to prepare for the Selective High Exam, enrolling in our regular English and Mathematics courses (Fastcoach program), as well as our intensive Selective High Exam Preparation course.



Scholarship Winner Daniel Borowski



He attributes much of his success to the intensive training he received from the courses and the mantra that **"practice makes perfect,"** along with helpful exam hints, strategies and the support provided by our professional educators. Our Selective High Exam Preparation and Fastcoach courses, featuring weekly classes and structured homework, combine learning and testing to foster discipline and maintain continuous momentum, all within a nurturing environment that encourages growth and excellence.

Daniel emphasises the importance of effort in his success, stating, **"Always give your best effort."** With strong support from his loving family and guidance from the College, Daniel has truly excelled. We are incredibly proud to have played a part in his journey and eagerly anticipate all that he will achieve at Xavier College and beyond. Congratulations, Daniel!

"As a student, I've learned that 'practice makes perfect.' The Selective High Exam Preparation course's helpful exam hints, strategies & support from professional educators have been invaluable in my learning journey."

Calling All Student Winners

We want to celebrate your child's achievements! If your child has won a scholarship or gained entry into Selective High Schools or SEAL Program, share the good news with us.

Recipients receive 25% off gross fees for the next enrolled term.

Terms and conditions apply: Selected campuses only. Contact your Campus Director for more information.

REFER A FRIEND RECEIVE \$50 FOR YOU & YOUR FRIEND



HERE'S HOW IT WORKS

3 Easy Steps

1. Tell a friend about North Shore Coaching College
2. **YOU** receive \$50 credit to your course fees
3. **YOUR FRIEND** receives \$50 credit on his/her course fees

When your friend enrolls in a core program of 10 weeks (terms & conditions apply)

FOR ENQUIRIES

EMAIL VICTORIA@NORTH-SHORE.COM.AU

PHONE 03- 9898 9880



WHY CHOOSE US

1

Structured programs conducted by qualified & experienced teachers. Interactive & Engaging with 2/3 teaching for each class

2

Student Booklets

Exclusive, quality course materials & weekly homework sheets to reinforce your child's key learning areas to meet educational curriculum outcomes.

3

Small Class Size

4

Complimentary **online support** for core programs

- pre-recorded video lesson &
- live chat

5

Flexible course schedule

Multiple Campus locations in VIC

"Thank you North Shore! My daughter got a scholarship & she loves learning with you."-- Mrs Tan

"Having been with so many tuition classes, I have no doubt in recommending North Shore."-- Mrs Rathi

**YEAR 5 (SSEP)
SCHOLARSHIP & SEAL EXAM
PREPARATION COURSE**

Year 5 Students: Terms 1, 2, 3 & 4

- Over 1,900 exam questions across the year.
- All major exam formats:
ACER, Edutest, Academic Assessment Services (AAS).
- **Writing, Reading Comprehension, Mathematics, Verbal Reasoning and Numerical Reasoning** tests.
- Writing Workshops and General Ability teaching provided.
- Trial test papers available for viewing, by appointment.
- 3 hours x 10 lessons x 4 terms.

Year 7 students: Terms 3 & 4

- Intensive program with combination of teaching and practice testing.
- Recommended to also undertake Fastcoach course as pathway to maximum results.
- 10 lessons x 4 hours x 2 terms.

**YEAR 7 & 8 (SHE)
SELECTIVE HIGH EXAM
PREPARATION COURSE**

Year 8 students: Terms 1 & 2

- Purely practice testing and review.
- Hone testing skills and focus on fine tuning final gaps in learning.
- Build resilience for Year 9 Entrance Exam.
- 10 lessons x 4 hours x 2 terms.

WHY CHOOSE US?

"Having been with so many tuition classes, I have no doubt in recommending North Shore."
-- Mrs Rathi



**TEACHING,
NOT SUPERVISION**

Structured programs conducted by **experienced teachers** with teaching and independent work.



Scan the QR code to

ENROL NOW



**TEST PAPERS & STUDENT
BOOKLETS**

Weekly exclusive, course materials to reinforce your child's key learning areas



**NO HIDDEN COSTS
FROM \$55 PER WEEK**

Course materials, testing and teaching in one price.
Other discounts available.
t&cs apply.

"Thank you North Shore!
My daughter got a scholarship
& she loves learning with you."
-- Mrs Tan

2025 Term 1 January 27 - April 6

COURSES & FEE SCHEDULE

CORPORATE CAMPUSES*

FEES ARE FOR ONE TERM (10 WEEKS)

CORE COURSES

Fastrain Program

Prep to Year 2: **\$750** per term Year 3 to 6: **\$810** per term
Our 'Proven Success' program is essential to building a solid foundation & reinforcing positive learning behaviour. Combines English, Writing & Maths subjects. **FREE ASSESSMENT.**

Fastcoach Program

Year 7 to 10: **\$820** per term
Designed to train secondary students, this course aims to develop peak mental fitness while boosting your English and Mathematical knowledge.

SINGLE SUBJECTS

English

Prep - Year 2: **\$550**

Year 3 - 6: **\$610**

Year 7 - 10: **\$570**

Mathematics

Prep - Year 2: **\$550**

Year 3 - 6: **\$570**

Year 7 - 10: **\$620**

VCE Subjects

Year 11 - 12: **\$640**

SCHOLARSHIPS / EXAMINATION PREPARATION

Scholarship / SEAL Exam Preparation (SSEP) Program

Year 5 (for Year 7 entry): **\$890** for one term
Suitable for students preparing for Private Schools & Select Entry Accelerated Learning (SEAL) Schools placement tests.

VIC Selective High Exam (SHE) Program

Year 8 (for Year 9 entry): **\$890** for one term
An intensive program to build a solid foundation, crucial to tackle the demanding placement test.

BOOSTER COURSES AND MATERIALS

Extra offerings to reach that extra mile

Future Writer's Workshop

Year 5 & 6 (Upper Primary): **\$500** per term

Weekdays: 4:30pm - 6:00pm

Homework Plus

Year 3 to 5: **\$60**

I WANT TO

Build and strengthen
English and
Mathematics
concepts

I WANT TO

Develop my skills in a
single subject

I WANT TO

Build skills and
knowledge for exam
success

I WANT TO

Boost my skills in a
specialised area

Various discounts may apply (Early Bird; Sibling; Referral; Multi-term; Concurrent).

EARLY BIRD DISCOUNT applies for payment in full by Week 8 of current term.

Multi-term Payment Discounts - 5% discount: Enrol 2 terms OR 10% discount: Enrol 4 terms

Payment via BPAY or Credit Card preferred

Contact us for more information. Classes are subject to availability. T&Cs apply.

***CONTACT CAMPUS DIRECTOR FOR COURSE SCHEDULE**



Summer Holiday Program

MON - FRI, 20 - 24 JAN 2025

@ Principal Campus (Box Hill)



NAPLAN acceleration | building proficiency | joy in learning!

ESSENTIAL COURSES

PREP, YEAR 1, 2	Intensive English & Mathematics Workshop	9:30am - 12:30pm	\$480
YEAR 3, 4, 5	Intensive English, Mathematics & General Ability Workshop	9:30am - 12:30pm	\$480
YEAR 6	Intensive English, Mathematics & General Ability with Mock Testing	9:30am - 12:30pm + 1:30pm - 3:30pm	\$810
YEAR 7, 8	Mathematics Revision & Headstart on Key Topics	11:00am - 1:00pm	\$410
YEAR 9, 10	Mathematics Revision & Headstart on Key Topics	9:00am - 11:00am	\$410



ENGLISH COURSES



PREP	Grammar, Sentence, Structure & Creative Writing Workshop	1:30pm - 3:30pm	\$410
YEAR 1 & 2 Lower Primary	Essential Grammar, Sentence Structure & Basic Writing Workshop	1:30pm - 3:30pm	\$410
YEAR 3 & 4 Middle Primary	Effective Grammar, Sentence Structure & Creative Writing Workshop	1:30pm - 3:30pm	\$410
YEAR 5 & 6 Upper Primary	Creative Writing & Written Expression Workshop	1:30pm - 3:30pm	\$410
YEAR 7 & 8 Junior High	Creative Writing & Genre Writing Workshop	9:00am - 11:00am	\$410
YEAR 9 & 10 Senior High	Creative Writing & Genre Writing Workshop	11:00am - 1:00pm	\$410



Survey Results (June 2024):

**Over 90% of North Shore students
exceeded NAPLAN national standards.**

Limited Seats. Register Now!

**Classes are subject to availability.
\$30 Early Bird Discount ends 1 Dec 2024.**

 03-9898 9880

 victoria@north-shore.com.au

 www.north-shore.com.au

NAPLAN 2025

UNLOCK YOUR POTENTIAL!

Students in Years 3, 5, 7 and 9 are required to sit the NAPLAN assessment. 2025 NAPLAN tests will be held from Wednesday 12 March to Monday 24 March 2025.

✓ **Tailored Tests:** North Shore NAPLAN testing adapts to students' abilities as the test progresses. Students gain exposure to NAPLAN-style tests to build test-taking confidence.


✓ **Online Reports:** Online reports identifying potential areas for improvement bands and statistical inference.

✓ **Comprehensive Content Review:** We cover all NAPLAN subjects - English and Language Conventions, Mathematics, and Writing - in-depth, addressing key concepts and exam techniques.

✓ **Experienced Educators:** Our Educators will guide students through the NAPLAN content and provide hints & tips.

✓ **Effective Study Strategies:** Learn time management and study techniques that work.

✓ **Friendly Learning Environment:** Our supportive atmosphere encourages students to thrive.

 Dates:	Monday - Friday, 20 - 24 January 2025
 Time:	5 days at 1:30pm – 3:30pm
 Location:	50 Rutland Road, Box Hill, VIC 3128
\$580 per student <i>Early Bird Discount ends 1 Dec 2024</i> <i>(save \$30 on course fees)</i>	
<i>Students must bring their own devices</i> <i>(iPad/Laptop) including ear phones for</i> <i>all days.</i>	



100%

of enrolled students to gain exposure to realistic NAPLAN Tailored Testing

95%

of enrolled students confirmed improvement in academic performance (2023 survey)

90%

of enrolled students exceeded NAPLAN national standards (2024 survey)

Tuition That Works! Confidence in Learning!